



You could have stayed home and scrolled. You didn't.

You're a step ahead. Now go a step further.

Trivia nights. Live music. A conversation with a stranger at the bar. These things build a sense of belonging, but that sense is harder to find than ever before. Studies consistently show that people who step back from algorithm-driven social media feel more connected to the people and places around them.

Madison has always been a city that shows up. Join your neighbors in building stronger connections to the place where we live. Visit the site below to take a short self-reflection quiz, learn why this is worth your attention, or make a pledge to try something different.

disconnectmadison.org



No spam. No tracking. Just a question worth asking.